

WPdoc

hockeywerpen
Reeks:1

Ben Dames Uur=15:06

| | | | | | |
|----|----|------|------------------------|------|--------|
| 05 | 1 | 257 | Dua Hanne | KAPE | 28.83m |
| 05 | 2 | 886 | Vander Avert Caro | KAPE | 28.43m |
| 05 | 3 | 409 | Taelman Lola | BVAC | 21.09m |
| 05 | 4 | 41 | Schelkens Jade | AVZK | 21.05m |
| 05 | 5 | 379 | Van Aelst Amber | KAPE | 18.78m |
| 07 | 6 | 1923 | Vaudo Nina** | ESAK | 16.72m |
| 05 | 7 | 630 | Mees Jinse | ACBR | 15.68m |
| 06 | 8 | 1447 | Blomme Ilara | KAPE | 15.52m |
| 05 | 9 | 1222 | Van De Perre Evelyn | ESAK | 15.20m |
| 05 | 10 | 1183 | Van Gysel Charlotte | ACBR | 14.27m |
| 06 | 11 | 1117 | Schoonheydt Nuria | ACBR | 13.60m |
| 06 | 12 | 1622 | Van Tiggelen Charlotte | AVKA | 12.81m |
| 06 | 13 | 1223 | Jacobs Lize | ESAK | 11.79m |
| 07 | 14 | 773 | Lumbbeeck Sanne | BVAC | 11.58m |
| 00 | 15 | 9805 | Tomdu Audrey | ACli | 11.23m |
| 06 | 16 | 2086 | Schillemans Laura | AVKA | 11.17m |
| 06 | 17 | 1278 | De Decker Jitske | AVKA | 10.92m |
| 00 | 18 | 9800 | LEMMENS ROWEN | AVKA | 10.52m |
| 00 | 19 | 9804 | BALA LIZE | bvac | 10.50m |
| 06 | 20 | 1096 | Teck Ashley | AVKA | 10.41m |
| 06 | 21 | 970 | D'eer Nanou | AVKA | 9.54m |
| 06 | 22 | 1008 | Geeraerts Marie | LIER | 9.28m |
| 07 | 23 | 1405 | De Keyser Sofie | ACBR | 9.22m |
| 07 | 24 | 986 | Hofstede Ezri | BVAC | 8.98m |
| 07 | 25 | 901 | Van Liefferinge Evi | BVAC | 8.49m |
| 07 | 26 | 473 | Van Gysel Julie | ACBR | 8.18m |
| 00 | 27 | 9803 | TINDEMANS MILA | aCL | 7.55m |

kogelstoten 1,000kg
Reeks:1

Ben Heren Uur=15:06

| | | | | | |
|----|---|------|--------------------|------|-------|
| 05 | 1 | 6890 | Anthonissen Daniel | KAPE | 9.09m |
| 05 | 2 | 8600 | Tamba Elijah | BVAC | 7.93m |

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|----|----|------|----------------------|------|-------|
| 06 | 3 | 7681 | Vander Avert Ben | KAPE | 7.77m |
| 05 | 4 | 6545 | Bala Tino | BVAC | 7.45m |
| 05 | 5 | 8105 | Berben Rhune | AVKA | 7.44m |
| 06 | 6 | 7514 | Corbiau Maxime | LIER | 7.44m |
| 05 | 7 | 6620 | Venus Alexander | ACBR | 7.34m |
| 05 | 8 | 8641 | Luyts Elias | SGOL | 6.65m |
| 05 | 9 | 8107 | Jochems Bent | AVKA | 6.37m |
| 06 | 10 | 7850 | Vinck Thyas | LIER | 6.23m |
| 05 | 11 | 7592 | Claes Arno | AVKA | 6.08m |
| 06 | 12 | 6889 | Gielen Stef | KAPE | 6.06m |
| 05 | 13 | 7589 | Vandekerckhove Yoran | AVKA | 5.81m |
| 05 | 14 | 6542 | De Keyser Stijn | ACBR | 5.76m |
| 05 | 15 | 9075 | De Ridder Rik | ESAK | 5.43m |
| 06 | 16 | 7843 | Devriendt Lars | LIER | 5.42m |
| 07 | 17 | 8574 | Aters Jef | ACBR | 5.39m |
| 06 | 18 | 9514 | Bisschops Yaron | ABES | 5.31m |
| 06 | 19 | 7716 | Vaerten Mats | AVKA | 5.29m |
| 06 | 20 | 8640 | Luyts Nathan | SGOL | 5.27m |
| 07 | 21 | 9311 | Callaert Jasper | AVKA | 5.17m |
| 06 | 22 | 8064 | Printemps Yannick | ACBR | 4.92m |
| 06 | 23 | 7588 | De Hertogh Cis | AVKA | 4.76m |
| 06 | 24 | 7591 | Loos Jarne | AVKA | 4.71m |
| 07 | 25 | 8317 | Kortleven Milo | ACBR | 4.39m |
| 06 | 26 | 9218 | Mannetstätter Bram | AVKA | 4.36m |
| 05 | 27 | 7849 | Leysen Lander | LIER | 4.22m |
| 07 | 28 | 9570 | Geurts Jean | LIER | 4.10m |
| 07 | 29 | 6627 | Morel Brikke | SGOL | 3.59m |

verspringen
Reeks:1

Pup Heren Uur=15:21

| | | | | | |
|----|---|-----|-----------------------|------|-------|
| 04 | 1 | 833 | Hermens Bert | ATLA | 4.16m |
| 04 | 2 | 802 | Artois Stephane | KAPE | 4.09m |
| 04 | 3 | 352 | Anthonissen Alexander | KAPE | 4.00m |

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|----|----|------|--------------------------|------|-------|
| 04 | 4 | 1191 | Mees Mathias | BVAC | 3.94m |
| | 5 | 351 | Dua Jits | KAPE | 3.92m |
| 03 | 6 | 128 | Seghers Louis | ACBR | 3.92m |
| 03 | 7 | 1310 | Bisschops Ilan | ABES | 3.91m |
| 03 | 8 | 1447 | Jacobs Lennert | ESAK | 3.74m |
| 04 | 9 | 1358 | Pannemans Ruben | AVT | 3.49m |
| 03 | 10 | 1426 | Callaert Vincent | AVKA | 3.38m |
| 04 | 11 | 1659 | Jacobs Witse | LIER | 3.37m |
| 03 | 12 | 1424 | Berben Jomme | AVKA | 3.36m |
| 03 | 13 | 273 | Brouwers Piet | ABES | 3.35m |
| 03 | 14 | 1070 | Vander Avert Nils | KAPE | 3.32m |
| 04 | 15 | 1965 | De Wit Merlijn** | ESAK | 3.26m |
| 04 | 16 | 1214 | Geeraerts Ruben | LIER | 3.23m |
| 04 | 17 | 1090 | Van Liefveringe Glen | BVAC | 3.15m |
| 03 | 18 | 992 | De Hertogh Kobe | AVKA | 3.10m |
| 04 | 19 | 1527 | Van Der Stighelen Lander | LIER | 3.09m |
| 04 | 20 | 1404 | Van Den Eede Joppe | ACBR | 3.04m |
| 04 | 21 | 1672 | Blomme Jarno | KAPE | 3.01m |
| 03 | 22 | 1430 | Jochems Seppe | AVKA | 3.00m |
| 03 | 23 | 941 | Morreel Joppe | LIER | 2.95m |
| 04 | 24 | 1573 | Eykens Matteo | KAPE | 2.94m |
| 03 | 25 | 1215 | Vandepaer Jonas | LIER | 2.91m |
| 00 | 26 | 9801 | LEMMENS BRAM | AVKA | 2.88m |
| 03 | 27 | 1453 | Van De Perre Alan | ESAK | 2.77m |
| 04 | 28 | 2003 | Stuer Tibo | LIER | 2.77m |
| 04 | 29 | 761 | De Peuter Fabio | LIER | 2.64m |
| 04 | 30 | 942 | Peeters Owen | LIER | 2.63m |
| 04 | 31 | 1097 | Crauwels Dries | AVKA | 2.46m |
| 04 | 32 | 697 | Gysen Dries | KAPE | 2.45m |
| | | 1427 | De Maeyer Suus | AVKA | NG |
| 03 | | 1428 | De Maeyer Gijs | AVKA | NG |
| 03 | | | | | |

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|----------------------|----|-----------|----------------------|-------------|
| discuswerpen 0,600kg | | Pup Dames | Uur=15:31 | |
| Reeks:1 | | | | |
| 03 | 1 | 3619 | Liefoghe Jo-anne | ABES 28.44m |
| 03 | 2 | 4239 | Marien Lucca | LIER 17.74m |
| 03 | 3 | 3707 | Bruynseels Isabelle | BVAC 17.28m |
| 03 | 4 | 4239 | Marien Lucca | LIER 15.00m |
| 03 | 5 | 4155 | Van Looock Rayna | KAPE 13.75m |
| 04 | 6 | 3808 | Van Doninck Daphne | ACBR 12.68m |
| 03 | 7 | 4856 | De Wit Guusje** | ESAK 12.05m |
| 04 | 8 | 3437 | Vanden Berghe Roos | DUFF 11.49m |
| 03 | 9 | 6114 | Geurts Florette | LIER 11.27m |
| 03 | 10 | 4242 | Vandepaer Hanne | LIER 10.58m |
| 04 | 11 | 4243 | Vinck Yanis | LIER 10.13m |
| 03 | 12 | 4241 | Tibax Lotte | LIER 10.10m |
| 04 | 13 | 4046 | Carracillo Marte | SGOL 9.97m |
| 03 | 14 | 4169 | Verbert Sofie | AVKA 9.92m |
| 04 | 15 | 3319 | De Keyser Kathy | ACBR 9.74m |
| 04 | 16 | 5162 | Bastiaenssen Hanne | ACBR 9.55m |
| 04 | 17 | 4060 | Lumbeeck Liese | BVAC 9.49m |
| 04 | 18 | 4472 | Van Den Bossche Elyn | AVKA 9.31m |
| 04 | 19 | 3679 | Khan Kira | KAPE 9.19m |
| 04 | 20 | 3678 | Thiryn Merel | KAPE 8.16m |
| 04 | 21 | 4433 | Peetoom Nova** | ESAK 7.79m |
| 04 | 22 | 3396 | Boeckx Saar | SGOL 7.08m |
| 04 | 23 | 3931 | Baccarne Eva | ACBR 6.35m |

| 80 meter | | Min Dames Uur=15:45 | | |
|----------|---|---------------------|---------------------|------------|
| Reeks:1 | | | | |
| 02 | 1 | 6859 | Pelckmans Aline | LIER 11.95 |
| 02 | 2 | 7713 | De Kock Myra | BVAC 12.64 |
| 02 | 3 | 6895 | Corluy Gwen | AVKA 13.11 |
| 02 | 4 | 7013 | Vinck Yoni | LIER 13.62 |
| 01 | 5 | 7169 | Verdickt Anouk | AVKA 14.09 |
| 02 | 6 | 7225 | Van Den Bossche Evy | AVKA 16.04 |

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| 80 meter | | Min Dames Uur=15:45 | | | |
|----------|---|---------------------|----------------------|------|-------|
| Reeks:2 | | | | | |
| 01 | 1 | 6748 | Van Langenhove Tine | ACBR | 12.71 |
| 01 | 2 | 7381 | Luyten Julie | LIER | 12.88 |
| 01 | 3 | 6984 | Van Dyck Marie | AVKA | 13.01 |
| 01 | 4 | 6899 | Maris Tyana | AVKA | 13.48 |
| 02 | 5 | 6719 | De Peuter Freya | LIER | 13.50 |
| 01 | 6 | 7150 | Van De Cloudt Evelyn | ACBR | 14.88 |

| 80 meter | | Min Dames Uur=15:45 | | | |
|----------|----|---------------------|-----------------------|------|-------|
| Reeks:3 | | | | | |
| 01 | 1 | 6221 | Vermeiren Anina | ACBR | 12.10 |
| 01 | 2 | 6717 | Bervoets Stien | LIER | 12.46 |
| 01 | 3 | 6681 | Gysen Sofie | KAPE | 12.54 |
| 02 | 4 | 6996 | Valkeneers Emily | KAPE | 12.64 |
| 02 | 5 | 7080 | Sabau Evy | AVKA | 12.87 |
| 02 | 02 | 6983 | Van De Vorst Nathalie | AVKA | DIS |

| 80 meter | | Min Dames Uur=15:45 | | | |
|----------|---|---------------------|------------------|------|-------|
| Reeks:4 | | | | | |
| 02 | 1 | 7451 | Nijssen Tessa** | ESAK | 11.86 |
| 01 | 2 | 6553 | Vermeulen Heleen | KAPE | 12.01 |
| 01 | 3 | 6936 | Vercruysse Luna | KAPE | 12.21 |
| 02 | 4 | 7518 | Defloor Eva | BVAC | 12.23 |
| 01 | 5 | 6953 | Verbert Anna | AVKA | 12.89 |

| 80 meter | | Min Dames Uur=15:45 | | | |
|----------|---|---------------------|-----------------|------|-------|
| Reeks:5 | | | | | |
| 02 | 1 | 6860 | Stuer Lotte | LIER | 11.90 |
| 01 | 2 | 7313 | Berben Jana | KAPE | 11.90 |
| 02 | 3 | 6897 | Bruwiere Sarah | AVKA | 11.93 |
| 01 | 4 | 7014 | De Coninck Rune | LIER | 11.99 |
| 01 | 5 | 6433 | Dua Jenthe | KAPE | 12.07 |

| 80 meter | | Min Dames Uur=15:45 | | | |
|----------|---|---------------------|------------|------|-------|
| Reeks:6 | | | | | |
| 01 | 1 | 6935 | Beck Lynn | KAPE | 10.87 |
| 02 | 2 | 7784 | Kosama Eva | BVAC | 11.18 |

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|----------|---|-----------|---------------------|-----------|------|-------|
| 01 | 3 | 7224 | Ilegems Sarah | | AVKA | 11.49 |
| 02 | 4 | 7114 | Pannemans Rani | | AVT | 11.73 |
| 01 | 5 | 6898 | Callaert Jana | | AVKA | 12.03 |
| 01 | 6 | 7394 | Vanthillo Cordulle | | ESAK | 12.23 |
| 80 meter | | Min Heren | | Uur=15:50 | | |
| Reeks:1 | | | | | | |
| 01 | 1 | 4133 | Mous Jonas | | KAPE | 12.32 |
| 01 | 2 | 3836 | Maes Lukas | | KAPE | 12.63 |
| 02 | 3 | 4512 | Wuyts Tom | | LIER | 12.66 |
| 01 | 4 | 4135 | Van Zele Bart | | KAPE | 13.01 |
| 02 | 5 | 3693 | Suykerbuyk Renzo | | ACBR | 13.29 |
| 02 | 6 | 5238 | Persy Jamie | | AVKA | 13.47 |
| 80 meter | | Min Heren | | Uur=15:50 | | |
| Reeks:2 | | | | | | |
| 02 | 1 | 4683 | Berben Warre | | AVKA | 11.91 |
| 01 | 2 | 4507 | Mariën Yenthe | | LIER | 12.19 |
| 02 | 3 | 4506 | Geeraerts Jeroen | | LIER | 12.21 |
| 02 | 4 | 3969 | Philips - T61 Brent | | KAPE | 12.37 |
| 02 | 5 | 4698 | Van Loenhout Bert | | ESAK | 12.51 |
| 02 | 6 | 4427 | Vander Avert Jens | | KAPE | 12.69 |
| 80 meter | | Min Heren | | Uur=15:50 | | |
| Reeks:3 | | | | | | |
| 01 | 1 | 4134 | Mous Thomas | | KAPE | 11.85 |
| 01 | 2 | 4985 | Buysen Soo | | ESAK | 11.95 |
| 01 | 3 | 4328 | Morreel Arne | | LIER | 12.16 |
| 00 | 4 | 9802 | Lemmens Wander | | AVKA | 12.27 |
| 02 | 5 | 4217 | Artois Sebastien | | KAPE | 12.31 |
| 01 | | 4949 | Wilmsen Jonathan | | AVKA | DIS |
| 80 meter | | Min Heren | | Uur=15:50 | | |
| Reeks:4 | | | | | | |
| 01 | 1 | 4890 | Masudi Jayda | | BVAC | 10.77 |
| 01 | 2 | 4199 | Baccarne Dennis | | ACBR | 11.40 |
| 02 | 3 | 4958 | Tamba Gabriel | | BVAC | 11.48 |
| | 4 | 4699 | Peetoom Nelson** | | ESAK | 11.64 |

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|----------|---|------|--------------------|-----------|-------|
| 01 | | | | | |
| | 5 | 4686 | Massart Maxim | AVKA | 11.87 |
| 02 | | | | | |
| | 6 | 3625 | Celen Robbert | ACBR | 12.24 |
| 01 | | | | | |
| 60 meter | | | Ben Heren | Uur=15:56 | |
| Reeks:1 | | | | | |
| | 1 | 9075 | De Ridder Rik | ESAK | 10.99 |
| 05 | | | | | |
| | 2 | 8574 | Aters Jef | ACBR | 11.20 |
| 07 | | | | | |
| | 3 | 8317 | Kortleven Milo | ACBR | 12.04 |
| 07 | | | | | |
| | 4 | 9570 | Geurts Jean | LIER | 13.64 |
| 07 | | | | | |
| | 5 | 6627 | Morel Brikke | SGOL | 13.98 |
| 07 | | | | | |
| 60 meter | | | Ben Heren | Uur=15:56 | |
| Reeks:2 | | | | | |
| | 1 | 7514 | Corbiau Maxime | LIER | 10.76 |
| 06 | | | | | |
| | 2 | 6620 | Venus Alexander | ACBR | 11.42 |
| 05 | | | | | |
| | 3 | 6542 | De Keyser Stijn | ACBR | 11.59 |
| 05 | | | | | |
| | 4 | 8640 | Luyts Nathan | SGOL | 11.82 |
| 06 | | | | | |
| | 5 | 7849 | Leysen Lander | LIER | 12.61 |
| 05 | | | | | |
| | 6 | 9218 | Mannetstätter Bram | AVKA | 12.63 |
| 06 | | | | | |
| 60 meter | | | Ben Heren | Uur=15:56 | |
| Reeks:3 | | | | | |
| | 1 | 8641 | Luyts Elias | SGOL | 10.54 |
| 05 | | | | | |
| | 2 | 6889 | Gielen Stef | KAPE | 10.95 |
| 06 | | | | | |
| | 3 | 7716 | Vaerten Mats | AVKA | 11.08 |
| 06 | | | | | |
| | 4 | 7591 | Loos Jarne | AVKA | 11.54 |
| 06 | | | | | |
| | 5 | 7588 | De Hertogh Cis | AVKA | 11.68 |
| 06 | | | | | |
| | 6 | 9311 | Callaert Jasper | AVKA | 11.89 |
| 07 | | | | | |
| 60 meter | | | Ben Heren | Uur=15:56 | |
| Reeks:4 | | | | | |
| | 1 | 8107 | Jochems Bent | AVKA | 10.14 |
| 05 | | | | | |
| | 2 | 8600 | Tamba Elijah | BVAC | 10.35 |
| 05 | | | | | |
| | 3 | 8105 | Berben Rhune | AVKA | 10.42 |
| 05 | | | | | |
| | 4 | 8064 | Printemps Yannick | ACBR | 10.82 |
| 06 | | | | | |
| | 5 | 7681 | Vander Avert Ben | KAPE | 10.91 |
| 06 | | | | | |
| | 6 | 7843 | Devriendt Lars | LIER | 11.15 |
| 06 | | | | | |

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60 meter
Reeks:5
Ben Heren Uur=15:56

| | | | | | |
|----|---|------|----------------------|------|-------|
| 05 | 1 | 6545 | Bala Tino | BVAC | 9.43 |
| 05 | 2 | 6890 | Anthonissen Daniel | KAPE | 9.71 |
| 06 | 3 | 9514 | Bisschops Yaron | ABES | 9.95 |
| 05 | 4 | 7589 | Vandekerckhove Yoran | AVKA | 9.95 |
| 05 | 5 | 7592 | Claes Arno | AVKA | 10.27 |
| 06 | 6 | 7850 | Vinck Thyas | LIER | 10.59 |

60 meter
Reeks:1
Ben Dames Uur=16:01

| | | | | | |
|----|---|------|-------------------------|------|-------|
| 06 | 1 | 1447 | Blomme Ilara | KAPE | 11.11 |
| 06 | 2 | 1313 | Van Der Stighelen Hanna | LIER | 11.14 |
| 06 | 3 | 1223 | Jacobs Lize | ESAK | 11.68 |
| 00 | 4 | 9805 | Tomdu Audrey | ACli | 11.71 |

60 meter
Reeks:2
Ben Dames Uur=16:01

| | | | | | |
|----|---|------|---------------------|------|-------|
| 00 | 1 | 9804 | BALA LIZE | bvac | 11.16 |
| 00 | 2 | 9803 | TINDEMANS MILA | aCL | 11.66 |
| 07 | 3 | 986 | Hofstede Ezri | BVAC | 13.24 |
| 07 | 4 | 901 | Van Liefferinge Evi | BVAC | 13.57 |
| 07 | 5 | 1405 | De Keyser Sofie | ACBR | 14.00 |

60 meter
Reeks:3
Ben Dames Uur=16:01

| | | | | | |
|----|---|------|-------------------|------|-------|
| 06 | 1 | 2086 | Schillemans Laura | AVKA | 11.40 |
| 05 | 2 | 379 | Van Aelst Amber | KAPE | 11.43 |
| 06 | 3 | 1096 | Teck Ashley | AVKA | 11.48 |
| 06 | 4 | 970 | D'eer Nanou | AVKA | 11.79 |
| 00 | 5 | 9800 | LEMMENS ROWEN | AVKA | 11.82 |
| 07 | 6 | 473 | Van Gysel Julie | ACBR | 12.39 |

60 meter
Reeks:4
Ben Dames Uur=16:01

| | | | | | |
|----|---|------|-----------------|------|-------|
| 06 | 1 | 1008 | Geeraerts Marie | LIER | 10.70 |
| 05 | 2 | 409 | Taelman Lola | BVAC | 10.96 |
| 05 | 3 | 630 | Mees Jinse | ACBR | 11.12 |

| | | | WPdoc | | |
|----------|---|------|------------------------|------|-------|
| 05 | 4 | 41 | Schelkens Jade | AVZK | 11.14 |
| 05 | 5 | 1222 | Van De Perre Evelyn | ESAK | 11.24 |
| 07 | 6 | 1923 | Vaudo Nina** | ESAK | 11.27 |
| 60 meter | | | Ben Dames Uur=16:01 | | |
| Reeks:5 | 1 | 886 | Vander Avert Caro | KAPE | 9.82 |
| 05 | 2 | 257 | Dua Hanne | KAPE | 10.20 |
| 05 | 3 | 1117 | Schoonheydt Nuria | ACBR | 10.30 |
| 06 | 4 | 1622 | Van Tiggelen Charlotte | AVKA | 10.33 |
| 06 | 5 | 773 | Lumbeeck Sanne | BVAC | 10.78 |
| 07 | 6 | 1278 | De Decker Jitske | AVKA | 11.21 |
| 06 | | | | | |
| 60 meter | | | Pup Dames Uur=16:05 | | |
| Reeks:1 | 1 | 4856 | De Wit Guusje** | ESAK | 10.36 |
| 03 | 2 | 4434 | Keuppens Drieke | ESAK | 10.46 |
| 03 | 3 | 4169 | Verbert Sofie | AVKA | 10.49 |
| 03 | 4 | 4242 | Vandepaer Hanne | LIER | 10.68 |
| 03 | 5 | 6114 | Geurts Florette | LIER | 11.93 |
| 03 | | | | | |
| 60 meter | | | Pup Dames Uur=16:05 | | |
| Reeks:2 | 1 | 3679 | Khan Kira | KAPE | 10.08 |
| 04 | 2 | 5162 | Bastiaenssen Hanne | ACBR | 10.08 |
| 04 | 3 | 4046 | Carracillo Marte | SGOL | 10.32 |
| 04 | 4 | 3319 | De Keyser Kathy | ACBR | 10.53 |
| 04 | 5 | 3678 | Thiryn Merel | KAPE | 10.59 |
| 04 | 6 | 4433 | Peetoom Nova** | ESAK | 11.08 |
| 04 | | | | | |
| 60 meter | | | Pup Dames Uur=16:05 | | |
| Reeks:3 | 1 | 4238 | Mariën Kyra | LIER | 10.83 |
| 03 | 2 | 3396 | Boeckx Saar | SGOL | 10.88 |
| 04 | 3 | 4243 | Vinck Yanis | LIER | 10.97 |
| 04 | 4 | 3808 | Van Doninck Daphne | ACBR | 11.08 |
| 04 | 5 | 3931 | Baccarne Eva | ACBR | 11.74 |
| 04 | 6 | 4472 | Van Den Bossche Elyn | AVKA | 12.13 |

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04

60 meter
Reeks: 4 Pup Dames Uur=16:05

| | | | | | |
|----|---|------|---------------------|------|-------|
| 03 | 1 | 4239 | Marien Lucca | LIER | 9.55 |
| 03 | 2 | 4155 | Van Loock Rayna | KAPE | 9.70 |
| 03 | 3 | 3437 | Vanden Berghe Roos | DUFF | 10.01 |
| 04 | 4 | 3707 | Bruynseels Isabelle | BVAC | 10.12 |
| 03 | 5 | 4241 | Tibax Lotte | LIER | 10.37 |
| 03 | 6 | 4060 | Lumbeeck Liese | BVAC | 10.83 |
| 04 | | | | | |

speerwerpen 400g
Reeks: 1 Min Heren Uur=16:17

| | | | | | |
|----|----|------|---------------------|------|--------|
| 01 | 1 | 4328 | Morreel Arne | LIER | 32.05m |
| 01 | 2 | 3836 | Maes Lukas | KAPE | 30.12m |
| 01 | 3 | 4665 | Kortleven Renzo | ACBR | 29.44m |
| 02 | 4 | 4910 | El Morabiti Elias | BVAC | 29.34m |
| 01 | 5 | 4134 | Mous Thomas | KAPE | 28.42m |
| 01 | 6 | 4507 | Mariën Yenthe | LIER | 27.49m |
| 01 | 7 | 4217 | Artois Sebastien | KAPE | 27.26m |
| 02 | 8 | 4199 | Baccarne Dennis | ACBR | 26.43m |
| 01 | 9 | 4133 | Mous Jonas | KAPE | 25.78m |
| 01 | 10 | 4135 | Van Zele Bart | KAPE | 24.32m |
| 01 | 11 | 3928 | Verduyn Lennert | ABES | 23.72m |
| 02 | 12 | 3969 | Philips - T61 Brent | KAPE | 23.42m |
| 02 | 13 | 4890 | Masudi Jayda | BVAC | 23.36m |
| 01 | 14 | 4506 | Geeraerts Jeroen | LIER | 22.74m |
| 02 | 15 | 4698 | Van Loenhout Bert | ESAK | 22.57m |
| 02 | 16 | 4686 | Massart Maxim | AVKA | 22.42m |
| 02 | 17 | 4427 | Vander Avert Jens | KAPE | 22.36m |
| 02 | 18 | 4958 | Tamba Gabriel | BVAC | 21.48m |
| 02 | 19 | 3693 | Suykerbuyk Renzo | ACBR | 21.00m |
| 02 | 20 | 4985 | Buysen Soo | ESAK | 20.89m |
| 01 | 21 | 4942 | Vanhulle Gil | AVKA | 16.80m |
| 01 | 22 | 4512 | Wuyts Tom | LIER | 16.12m |
| 02 | | | | | |

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|----|----|------|------------------|------|--------|
| 01 | 23 | 4699 | Peetoom Nelson** | ESAK | 16.01m |
| 01 | 24 | 3625 | Celen Robbert | ACBR | 14.14m |
| 00 | 25 | 9802 | Lemmens Wander | AVKA | 11.22m |
| 02 | 26 | 5238 | Persy Jamie | AVKA | 10.09m |
| | | 4700 | Geussens Robbe | ESAK | GP |
| 02 | | 4949 | Wilmsen Jonathan | AVKA | GP |
| 01 | | 4683 | Berben Warre | AVKA | GP |
| 02 | | | | | |

kogelstoten 2,000kg Min Dames Uur=16:28
Reeks:1

| | | | | | |
|----|----|------|-----------------------|------|-------|
| 01 | 1 | 6935 | Beck Lynn | KAPE | 9.90m |
| 02 | 2 | 7784 | Kosama Eva | BVAC | 9.83m |
| 02 | 3 | 6681 | Gysen Sofie | KAPE | 9.64m |
| 01 | 4 | 6717 | Bervoets Stien | LIER | 9.39m |
| 02 | 5 | 7114 | Pannemans Rani | AVT | 9.05m |
| 01 | 6 | 7394 | Vanthillo Cordulle | ESAK | 9.05m |
| 02 | 7 | 6613 | Le Clerq Chiara | LYRA | 8.95m |
| 01 | 8 | 7224 | Ilegems Sarah | AVKA | 8.47m |
| 02 | 9 | 7451 | Nijssen Tessa** | ESAK | 8.28m |
| 01 | 10 | 6433 | Dua Jenthe | KAPE | 8.27m |
| 01 | 11 | 6221 | Vermeiren Anina | ACBR | 7.90m |
| 01 | 12 | 7381 | Luyten Julie | LIER | 7.87m |
| 02 | 13 | 6897 | Bruwiere Sarah | AVKA | 7.83m |
| 01 | 14 | 6898 | Callaert Jana | AVKA | 7.80m |
| 02 | 15 | 6983 | Van De Vorst Nathalie | AVKA | 7.62m |
| 01 | 16 | 6936 | Vercruysse Luna | KAPE | 7.52m |
| 01 | 17 | 7313 | Berben Jana | KAPE | 7.50m |
| 02 | 18 | 6859 | Pelckmans Aline | LIER | 7.37m |
| 01 | 19 | 7150 | Van De Cloudt Evelyn | ACBR | 7.26m |
| 02 | 20 | 6860 | Stuer Lotte | LIER | 7.13m |
| 02 | 21 | 7013 | Vinck Yoni | LIER | 7.10m |
| 01 | 22 | 6553 | Vermeulen Heleen | KAPE | 7.02m |
| 02 | 23 | 7713 | De Kock Myra | BVAC | 6.84m |

WPdoc

| | | | | | |
|----|----|------|---------------------|------|-------|
| 02 | 24 | 6996 | Valkeneers Emily | KAPE | 6.76m |
| 02 | 25 | 7225 | Van Den Bossche Evy | AVKA | 6.66m |
| 01 | 26 | 6953 | Verbert Anna | AVKA | 6.23m |
| 02 | 27 | 7080 | Sabau Evy | AVKA | 6.01m |
| 01 | 28 | 6748 | Van Langenhove Tine | ACBR | 5.97m |
| 02 | 29 | 6899 | Maris Tyana | AVKA | 5.82m |
| 02 | 30 | 6895 | Corluy Gwen | AVKA | 5.76m |
| 01 | 31 | 6719 | De Peuter Freya | LIER | 5.65m |
| 02 | 32 | 7518 | Defloor Eva | BVAC | 5.34m |
| 01 | 33 | 7169 | Verdickt Anouk | AVKA | 5.26m |
| 02 | 34 | 6612 | Le Clerq Indy | LYRA | 5.16m |
| 01 | 35 | 6984 | Van Dyck Marie | AVKA | 5.05m |

discuswerpen 0,600kg Pup Heren Uur=16:38
Reeks:1

| | | | | | |
|----|----|------|-----------------------|------|--------|
| 04 | 1 | 352 | Anthonissen Alexander | KAPE | 31.49m |
| 04 | 2 | 833 | Hermens Bert | ATLA | 26.69m |
| 04 | 3 | 802 | Artois Stephane | KAPE | 25.07m |
| 03 | 4 | 1070 | Vander Avert Nils | KAPE | 20.62m |
| 03 | 5 | 1424 | Berben Jomme | AVKA | 18.81m |
| 03 | 6 | 1447 | Jacobs Lennert | ESAK | 16.61m |
| 04 | 7 | 1659 | Jacobs Witse | LIER | 16.16m |
| 03 | 8 | 351 | Dua Jits | KAPE | 16.05m |
| 03 | 9 | 128 | Seghers Louis | ACBR | 15.64m |
| 04 | 10 | 1191 | Mees Mathias | BVAC | 15.07m |
| 03 | 11 | 273 | Brouwers Piet | ABES | 14.96m |
| 04 | 12 | 1573 | Eykens Matteo | KAPE | 14.38m |
| 03 | 13 | 1428 | De Maeyer Gijs | AVKA | 14.38m |
| 03 | 14 | 1215 | Vandepaer Jonas | LIER | 14.09m |
| 03 | 15 | 941 | Morreel Joppe | LIER | 13.77m |
| 03 | 16 | 1430 | Jochems Seppe | AVKA | 13.75m |
| 04 | 17 | 1672 | Blomme Jarno | KAPE | 13.59m |
| 04 | 18 | 1090 | Van Liefferinge Glen | BVAC | 13.51m |

WPdoc

| | | | | | |
|----|----|------|--------------------------|------|--------|
| 03 | 19 | 1453 | Van De Perre Alan | ESAK | 13.42m |
| 03 | 20 | 1310 | Bisschops Ilan | ABES | 13.33m |
| 04 | 21 | 1214 | Geeraerts Ruben | LIER | 13.27m |
| 04 | 22 | 1404 | Van Den Eede Joppe | ACBR | 13.25m |
| 04 | 23 | 942 | Peeters Owen | LIER | 13.18m |
| 03 | 24 | 664 | Konteh Noah | ACBR | 13.03m |
| 03 | 25 | 1427 | De Maeyer Suus | AVKA | 12.51m |
| 03 | 26 | 1426 | Callaert Vincent | AVKA | 12.49m |
| 04 | 27 | 697 | Gysen Dries | KAPE | 12.29m |
| 04 | 28 | 1965 | De Wit Merlijn** | ESAK | 11.99m |
| 00 | 29 | 9801 | LEMMENS BRAM | AVKA | 11.77m |
| 03 | 30 | 1446 | Van Loenhout Warre | ESAK | 11.47m |
| 03 | 31 | 992 | De Hertogh Kobe | AVKA | 11.14m |
| 04 | 32 | 761 | De Peuter Fabio | LIER | 10.67m |
| 04 | 33 | 2003 | Stuer Tibo | LIER | 9.78m |
| 04 | 34 | 1527 | Van Der Stighelen Lander | LIER | 9.04m |
| 04 | 35 | 1097 | Crauwels Dries | AVKA | 7.94m |

hockeywerpen
Reeks:1

Ben Heren Uur=16:47

| | | | | | |
|----|----|------|----------------------|------|--------|
| 05 | 1 | 6890 | Anthonissen Daniel | KAPE | 31.63m |
| 05 | 2 | 8600 | Tamba Elijah | BVAC | 26.05m |
| 06 | 3 | 7681 | Vander Avert Ben | KAPE | 26.01m |
| 05 | 4 | 6545 | Bala Tino | BVAC | 25.83m |
| 05 | 5 | 7592 | Claes Arno | AVKA | 24.71m |
| 06 | 6 | 7850 | Vinck Thyas | LIER | 23.50m |
| 05 | 7 | 9075 | De Ridder Rik | ESAK | 23.16m |
| 05 | 8 | 6620 | Venus Alexander | ACBR | 22.41m |
| 07 | 9 | 8574 | Aters Jef | ACBR | 21.36m |
| 05 | 10 | 7589 | Vandekerckhove Yoran | AVKA | 20.38m |
| 06 | 11 | 7514 | Corbiau Maxime | LIER | 20.00m |
| 05 | 12 | 6542 | De Keyser Stijn | ACBR | 19.26m |
| 05 | 13 | 8107 | Jochems Bent | AVKA | 19.08m |

WPdoc

| | | | | | |
|----|----|------|-----------------|------|--------|
| 05 | 14 | 8105 | Berben Rhune | AVKA | 18.30m |
| | 15 | 6889 | Gielen Stef | KAPE | 18.07m |
| 06 | | | | | |
| | 16 | 8317 | Kortleven Milo | ACBR | 16.63m |
| 07 | | | | | |
| | 17 | 7843 | Devriendt Lars | LIER | 16.32m |
| 06 | | | | | |
| | 18 | 8641 | Luyts Elias | SGOL | 16.27m |
| 05 | | | | | |
| | 19 | 7591 | Loos Jarne | AVKA | 16.19m |
| 06 | | | | | |
| | 20 | 7588 | De Hertogh Cis | AVKA | 14.72m |
| 06 | | | | | |
| | 21 | 7849 | Leysen Lander | LIER | 13.29m |
| 05 | | | | | |
| | 22 | 9514 | Bisschops Yaron | ABES | 13.17m |
| 06 | | | | | |
| | 23 | 9570 | Geurts Jean | LIER | 12.43m |
| 07 | | | | | |
| | 24 | 7716 | Vaerten Mats | AVKA | 12.27m |
| 06 | | | | | |
| | 25 | 8640 | Luyts Nathan | SGOL | 12.26m |
| 06 | | | | | |
| | 26 | 6627 | Morel Brikke | SGOL | 10.89m |
| 07 | | | | | |
| | 27 | 9311 | Callaert Jasper | AVKA | 10.86m |
| 07 | | | | | |

hoogspringen
Reeks:1

Pup Dames Uur=17:02

| | | | | | |
|----|----|------|---------------------|------|-------|
| 03 | 1 | 4239 | Marien Lucca | LIER | 1.25m |
| | 2 | 4155 | Van Loock Rayna | KAPE | 1.15m |
| 03 | | | | | |
| | 3 | 4060 | Lumbeeck Liese | BVAC | 1.15m |
| 04 | | | | | |
| | 4 | 4238 | Mariën Kyra | LIER | 1.15m |
| 03 | | | | | |
| | 5 | 4241 | Tibax Lotte | LIER | 1.10m |
| 03 | | | | | |
| | 6 | 3707 | Bruynseels Isabelle | BVAC | 1.10m |
| 03 | | | | | |
| | 7 | 4856 | De Wit Guusje** | ESAK | 1.05m |
| 03 | | | | | |
| | 8 | 3678 | Thiryn Merel | KAPE | 1.05m |
| 04 | | | | | |
| | 9 | 4046 | Carracillo Marte | SGOL | 1.05m |
| 04 | | | | | |
| | 10 | 4242 | Vandepaer Hanne | LIER | 1.05m |
| 03 | | | | | |
| | 11 | 4434 | Keuppens Drieke | ESAK | 1.05m |
| 03 | | | | | |
| | 12 | 3679 | Khan Kira | KAPE | 1.05m |
| 04 | | | | | |
| | 13 | 3437 | Vanden Berghe Roos | DUFF | 1.05m |
| 04 | | | | | |
| | 14 | 4169 | Verbert Sofie | AVKA | 1.05m |
| 03 | | | | | |
| | 15 | 5162 | Bastiaenssen Hanne | ACBR | 1.00m |
| 04 | | | | | |
| | 16 | 4433 | Peetoom Nova** | ESAK | 0.95m |
| 04 | | | | | |

| | | | WPdoc | | |
|----|----|------|----------------------|------|-------|
| 04 | 17 | 3808 | Van Doninck Daphne | ACBR | 0.95m |
| 04 | 18 | 4243 | Vinck Yanis | LIER | 0.95m |
| 04 | 19 | 3931 | Baccarne Eva | ACBR | 0.90m |
| 04 | 20 | 3396 | Boeckx Saar | SGOL | 0.90m |
| 04 | 21 | 3319 | De Keyser Kathy | ACBR | 0.90m |
| 04 | 22 | 4472 | Van Den Bossche Elyn | AVKA | 0.85m |
| | | 3619 | Liefooghe Jo-anne | ABES | NG |
| | 03 | 6114 | Geurts Florette | LIER | NG |
| | 03 | | | | |

verspringen
Reeks:1

Min Dames Uur=17:19

| | | | | | |
|----|----|------|-----------------------|------|-------|
| 01 | 1 | 6935 | Beck Lynn | KAPE | 4.77m |
| 02 | 2 | 6860 | Stuer Lotte | LIER | 4.26m |
| 01 | 3 | 6936 | Vercruysse Luna | KAPE | 4.24m |
| 02 | 4 | 7114 | Pannemans Rani | AVT | 4.23m |
| 02 | 5 | 7451 | Nijssen Tessa** | ESAK | 4.17m |
| 01 | 6 | 7224 | Ilegems Sarah | AVKA | 4.15m |
| 01 | 7 | 7014 | De Coninck Rune | LIER | 4.14m |
| 01 | 8 | 7313 | Berben Jana | KAPE | 4.02m |
| 01 | 9 | 6553 | Vermeulen Heleen | KAPE | 4.01m |
| 02 | 10 | 6897 | Bruwiere Sarah | AVKA | 3.92m |
| 01 | 11 | 7394 | Vanthillo Cordulle | ESAK | 3.91m |
| 02 | 12 | 6859 | Pelckmans Aline | LIER | 3.88m |
| 01 | 13 | 6221 | Vermeiren Anina | ACBR | 3.77m |
| 02 | 14 | 6983 | Van De Vorst Nathalie | AVKA | 3.73m |
| 01 | 15 | 6433 | Dua Jenthe | KAPE | 3.69m |
| 02 | 16 | 7784 | Kosama Eva | BVAC | 3.59m |
| 02 | 17 | 7518 | Defloor Eva | BVAC | 3.58m |
| 02 | 18 | 7713 | De Kock Myra | BVAC | 3.54m |
| 02 | 19 | 7080 | Sabau Evy | AVKA | 3.54m |
| 01 | 20 | 6719 | De Peuter Freya | LIER | 3.49m |
| 02 | 21 | 6996 | Valkeneers Emily | KAPE | 3.47m |
| 02 | 22 | 7013 | Vinck Yoni | LIER | 3.45m |

WPdoc

| | | | | | |
|----|----|------|----------------------|------|-------|
| 02 | 23 | 6612 | Le Clerq Indy | LYRA | 3.44m |
| 02 | 24 | 6681 | Gysen Sofie | KAPE | 3.40m |
| 01 | 25 | 7381 | Luyten Julie | LIER | 3.39m |
| 01 | 26 | 6953 | Verbert Anna | AVKA | 3.38m |
| 02 | 27 | 6895 | Corluy Gwen | AVKA | 3.36m |
| 01 | 28 | 6717 | Bervoets Stien | LIER | 3.29m |
| 01 | 29 | 6748 | Van Langenhove Tine | ACBR | 3.22m |
| 01 | 30 | 6984 | Van Dyck Marie | AVKA | 3.21m |
| 02 | 31 | 6899 | Maris Tyana | AVKA | 3.09m |
| 01 | 32 | 6898 | Callaert Jana | AVKA | 2.98m |
| 01 | 33 | 7169 | Verdickt Anouk | AVKA | 2.79m |
| 01 | 34 | 7150 | Van De Cloudt Evelyn | ACBR | 2.67m |

kogelstoten 1,000kg Ben Dames Uur=17:37
Reeks:1

| | | | | | |
|----|----|------|-------------------------|------|-------|
| 05 | 1 | 886 | Vander Avert Caro | KAPE | 9.17m |
| 05 | 2 | 257 | Dua Hanne | KAPE | 9.07m |
| 05 | 3 | 409 | Taelman Lola | BVAC | 6.66m |
| 07 | 4 | 1923 | Vaudo Nina** | ESAK | 6.50m |
| 05 | 5 | 379 | Van Aelst Amber | KAPE | 6.10m |
| 05 | 6 | 1222 | Van De Perre Evelyn | ESAK | 5.86m |
| 07 | 7 | 773 | Lumbeeck Sanne | BVAC | 5.82m |
| 05 | 8 | 1183 | Van Gysel Charlotte | ACBR | 5.81m |
| 05 | 9 | 41 | Schelkens Jade | AVZK | 5.68m |
| 06 | 10 | 1117 | Schoonheydt Nuria | ACBR | 5.43m |
| 06 | 11 | 1278 | De Decker Jitske | AVKA | 5.23m |
| 06 | 12 | 1223 | Jacobs Lize | ESAK | 5.08m |
| 06 | 13 | 970 | D'eer Nanou | AVKA | 4.97m |
| 06 | 14 | 1622 | Van Tiggelen Charlotte | AVKA | 4.89m |
| 06 | 15 | 1447 | Blomme Ilara | KAPE | 4.81m |
| 05 | 16 | 630 | Mees Jinse | ACBR | 4.75m |
| 06 | 17 | 2086 | Schillemans Laura | AVKA | 4.66m |
| 06 | 18 | 1313 | Van Der Stighelen Hanna | LIER | 4.44m |

| | | | | | |
|----|----|------|---------------------|------|-------|
| 00 | 19 | 9803 | TINDEMANS MILA | aCL | 4.23m |
| 06 | 20 | 1096 | Teck Ashley | AVKA | 4.20m |
| 07 | 21 | 986 | Hofstede Ezri | BVAC | 4.05m |
| 00 | 22 | 9804 | BALA LIZE | bvac | 3.98m |
| 06 | 23 | 1008 | Geeraerts Marie | LIER | 3.95m |
| 07 | 24 | 1405 | De Keyser Sofie | ACBR | 3.50m |
| 00 | 25 | 9800 | LEMMENS ROWEN | AVKA | 3.27m |
| 07 | 26 | 901 | Van Liefferinge Evi | BVAC | 3.11m |

60 meter Reeks:1 Pup Heren Uur=17:48

| | | | | | |
|----|---|------|--------------------------|------|-------|
| 04 | 1 | 1573 | Eykens Matteo | KAPE | 10.09 |
| 03 | 2 | 273 | Brouwers Piet | ABES | 10.09 |
| 03 | 3 | 1215 | Vandepaer Jonas | LIER | 10.21 |
| 04 | 4 | 1527 | Van Der Stighelen Lander | LIER | 10.59 |

60 meter Reeks:2 Pup Heren Uur=17:48

| | | | | | |
|----|---|------|--------------------|------|-------|
| 04 | 1 | 1672 | Blomme Jarno | KAPE | 10.31 |
| 04 | 2 | 1965 | De Wit Merlijn** | ESAK | 10.34 |
| 03 | 3 | 941 | Morreel Joppe | LIER | 10.50 |
| 04 | 4 | 1404 | Van Den Eede Joppe | ACBR | 10.53 |
| 04 | 5 | 761 | De Peuter Fabio | LIER | 11.00 |
| 04 | 6 | 697 | Gysen Dries | KAPE | 11.69 |

60 meter Reeks:3 Pup Heren Uur=17:48

| | | | | | |
|----|---|------|----------------------|------|-------|
| 03 | 1 | 1070 | Vander Avert Nils | KAPE | 10.54 |
| 04 | 2 | 1090 | Van Liefferinge Glen | BVAC | 10.55 |
| 04 | 3 | 2003 | Stuer Tibo | LIER | 10.59 |
| 04 | 4 | 1214 | Geeraerts Ruben | LIER | 10.78 |
| 04 | 5 | 942 | Peeters Owen | LIER | 11.04 |
| 04 | 6 | 1097 | Crauwels Dries | AVKA | 12.12 |

60 meter Reeks:4 Pup Heren Uur=17:48

| | | | | | |
|----|---|------|-------------------|------|------|
| 00 | 1 | 9801 | LEMMENS BRAN | AVKA | 9.79 |
| | 2 | 1453 | Van De Perre Alan | ESAK | 9.81 |

WPdoc

| | | | | | |
|----|---|------|-----------------|------|-------|
| 03 | 3 | 992 | De Hertogh Kobe | AVKA | 9.89 |
| 03 | 4 | 1659 | Jacobs Witse | LIER | 10.09 |
| 04 | 5 | 1430 | Jochems Seppe | AVKA | 10.40 |
| 03 | | 1427 | De Maeyer Suus | AVKA | NG |
| 03 | | | | | |

60 meter
Reeks:5 Pup Heren Uur=17:48

| | | | | | |
|----|---|------|------------------|------|------|
| 03 | 1 | 1426 | Callaert Vincent | AVKA | 9.39 |
| 03 | 2 | 1447 | Jacobs Lennert | ESAK | 9.44 |
| 03 | 3 | 1191 | Mees Mathias | BVAC | 9.56 |
| 04 | 4 | 833 | Hermens Bert | ATLA | 9.63 |
| 04 | 5 | 1358 | Pannemans Ruben | AVT | 9.68 |
| 04 | 6 | 351 | Dua Jits | KAPE | 9.94 |
| 03 | | | | | |

60 meter
Reeks:6 Pup Heren Uur=17:48

| | | | | | |
|----|---|------|-----------------------|------|------|
| 04 | 1 | 802 | Artois Stephane | KAPE | 8.89 |
| 03 | 2 | 128 | Seghers Louis | ACBR | 9.07 |
| 03 | 3 | 1310 | Bisschops Ilan | ABES | 9.24 |
| 04 | 4 | 352 | Anthonissen Alexander | KAPE | 9.27 |
| 03 | 5 | 1424 | Berben Jomme | AVKA | 9.32 |
| 03 | 6 | 664 | Konteh Noah | ACBR | 9.45 |
| 03 | | | | | |

discuswerpen 0,750kg
Reeks:1 Min Heren Uur=18:00

| | | | | | |
|----|----|------|---------------------|------|--------|
| 02 | 1 | 3928 | Verduyn Lennert | ABES | 27.21m |
| 01 | 2 | 4910 | El Morabiti Elias | BVAC | 25.96m |
| 01 | 3 | 3836 | Maes Lukas | KAPE | 24.99m |
| 01 | 4 | 4134 | Mous Thomas | KAPE | 24.01m |
| 01 | 5 | 4133 | Mous Jonas | KAPE | 23.81m |
| 02 | 6 | 4686 | Massart Maxim | AVKA | 23.74m |
| 02 | 7 | 4427 | Vander Avert Jens | KAPE | 23.20m |
| 02 | 8 | 4683 | Berben Warre | AVKA | 21.91m |
| 01 | 9 | 4199 | Baccarne Dennis | ACBR | 21.90m |
| 02 | 10 | 3969 | Philips - T61 Brent | KAPE | 21.37m |
| 02 | 11 | 4217 | Artois Sebastien | KAPE | 21.20m |

WPdoc

| | | | | | |
|----|----|------|-------------------|------|--------|
| 02 | | | | | |
| | 12 | 4374 | Geyskens Kobe | LAT | 20.71m |
| 02 | | | | | |
| | 13 | 4700 | Geussens Robbe | ESAK | 19.92m |
| 02 | | | | | |
| | 14 | 4506 | Geeraerts Jeroen | LIER | 19.90m |
| 02 | | | | | |
| | 15 | 4665 | Kortleven Renzo | ACBR | 19.09m |
| 02 | | | | | |
| | 16 | 4698 | Van Loenhout Bert | ESAK | 18.86m |
| 02 | | | | | |
| | 17 | 4507 | Mariën Yenthe | LIER | 18.32m |
| 01 | | | | | |
| | 18 | 4135 | Van Zele Bart | KAPE | 18.17m |
| 01 | | | | | |
| | 19 | 4985 | Buysen Soo | ESAK | 18.07m |
| 01 | | | | | |
| | 20 | 4328 | Morreel Arne | LIER | 17.61m |
| 01 | | | | | |
| | 21 | 4958 | Tamba Gabriel | BVAC | 15.93m |
| 02 | | | | | |
| | 22 | 4942 | Vanhulle Gil | AVKA | 15.30m |
| 01 | | | | | |
| | 23 | 4699 | Peetoom Nelson** | ESAK | 14.35m |
| 01 | | | | | |
| | 24 | 3625 | Celen Robbert | ACBR | 13.44m |
| 01 | | | | | |
| | 25 | 4512 | Wuyts Tom | LIER | 12.87m |
| 02 | | | | | |
| | 26 | 3693 | Suykerbuyk Renzo | ACBR | 12.40m |
| 02 | | | | | |
| | 27 | 9802 | Lemmens Wander | AVKA | 10.87m |
| 00 | | | | | |
| | | 5238 | Persy Jamie | AVKA | NG |
| | 02 | | | | |

hockeywerpen
Reeks:1

Pup Heren Uur=18:12

| | | | | | |
|----|----|------|-----------------------|------|--------|
| | 1 | 352 | Anthonissen Alexander | KAPE | 49.58m |
| 04 | | | | | |
| | 2 | 802 | Artois Stephane | KAPE | 47.56m |
| 04 | | | | | |
| | 3 | 351 | Dua Jits | KAPE | 44.53m |
| 03 | | | | | |
| | 4 | 1659 | Jacobs Witse | LIER | 35.19m |
| 04 | | | | | |
| | 5 | 128 | Seghers Louis | ACBR | 34.85m |
| 03 | | | | | |
| | 6 | 1424 | Berben Jomme | AVKA | 34.50m |
| 03 | | | | | |
| | 7 | 1447 | Jacobs Lennert | ESAK | 34.43m |
| 03 | | | | | |
| | 8 | 1427 | De Maeyer Suus | AVKA | 34.12m |
| 03 | | | | | |
| | 9 | 1446 | Van Loenhout Warre | ESAK | 33.59m |
| 03 | | | | | |
| | 10 | 664 | Konteh Noah | ACBR | 33.52m |
| 03 | | | | | |
| | 11 | 833 | Hermens Bert | ATLA | 33.33m |
| 04 | | | | | |
| | 12 | 1358 | Pannemans Ruben | AVT | 33.08m |
| 04 | | | | | |
| | 13 | 1070 | Vander Avert Nils | KAPE | 32.10m |

WPdoc

| | | | | | |
|----|----|------|--------------------------|------|--------|
| 03 | | | | | |
| | 14 | 273 | Brouwers Piet | ABES | 32.07m |
| 03 | | | | | |
| | 15 | 941 | Morreel Joppe | LIER | 31.69m |
| 03 | | | | | |
| | 16 | 1191 | Mees Mathias | BVAC | 31.59m |
| 04 | | | | | |
| | 17 | 1965 | De Wit Merlijn** | ESAK | 29.86m |
| 04 | | | | | |
| | 18 | 1215 | Vandepaer Jonas | LIER | 29.54m |
| 03 | | | | | |
| | 19 | 1453 | Van De Perre Alan | ESAK | 29.39m |
| 03 | | | | | |
| | 20 | 1090 | Van Liefferinge Glen | BVAC | 28.47m |
| 04 | | | | | |
| | 21 | 1404 | Van Den Eede Joppe | ACBR | 28.38m |
| 04 | | | | | |
| | 22 | 1573 | Eykens Matteo | KAPE | 27.10m |
| 04 | | | | | |
| | 23 | 1672 | Blomme Jarno | KAPE | 27.05m |
| 04 | | | | | |
| | 24 | 1426 | Callaert Vincent | AVKA | 25.89m |
| 03 | | | | | |
| | 25 | 1428 | De Maeyer Gijs | AVKA | 24.19m |
| 03 | | | | | |
| | 26 | 2003 | Stuer Tibo | LIER | 23.90m |
| 04 | | | | | |
| | 27 | 942 | Peeters Owen | LIER | 22.26m |
| 04 | | | | | |
| | 28 | 9801 | LEMMENS BRAN | AVKA | 21.95m |
| 00 | | | | | |
| | 29 | 992 | De Hertogh Kobe | AVKA | 21.76m |
| 03 | | | | | |
| | 30 | 1310 | Bisschops Ilan | ABES | 19.92m |
| 03 | | | | | |
| | 31 | 1527 | Van Der Stighelen Lander | LIER | 18.24m |
| 04 | | | | | |
| | 32 | 761 | De Peuter Fabio | LIER | 12.70m |
| 04 | | | | | |
| | 33 | 1097 | Crauwels Dries | AVKA | 8.74m |
| 04 | | | | | |
| | | 1430 | Jochems Seppe | AVKA | GP |
| 03 | | | | | |
| | | 697 | Gysen Dries | KAPE | GP |
| 04 | | | | | |

verspringen
Reeks:1

Ben Heren Uur=18:20

| | | | | | |
|----|---|------|----------------------|------|-------|
| | 1 | 7589 | Vandekerckhove Yoran | AVKA | 3.64m |
| 05 | | | | | |
| | 2 | 7592 | Claes Arno | AVKA | 3.47m |
| 05 | | | | | |
| | 3 | 6545 | Bala Tino | BVAC | 3.35m |
| 05 | | | | | |
| | 4 | 6890 | Anthonissen Daniel | KAPE | 3.31m |
| 05 | | | | | |
| | 5 | 8107 | Jochems Bent | AVKA | 3.22m |
| 05 | | | | | |
| | 6 | 8600 | Tamba Elijah | BVAC | 3.18m |
| 05 | | | | | |
| | 7 | 7850 | Vinck Thyas | LIER | 2.94m |
| 06 | | | | | |
| | 8 | 9311 | Callaert Jasper | AVKA | 2.91m |

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|----|----|------|--------------------|------|-------|
| 07 | | | | | |
| | 9 | 6620 | Venus Alexander | ACBR | 2.89m |
| 05 | | | | | |
| | 10 | 9075 | De Ridder Rik | ESAK | 2.88m |
| 05 | | | | | |
| | 11 | 9514 | Bisschops Yaron | ABES | 2.86m |
| 06 | | | | | |
| | 12 | 8641 | Luyts Elias | SGOL | 2.81m |
| 05 | | | | | |
| | 13 | 7514 | Corbiau Maxime | LIER | 2.71m |
| 06 | | | | | |
| | 14 | 6889 | Gielen Stef | KAPE | 2.70m |
| 06 | | | | | |
| | 15 | 7681 | Vander Avert Ben | KAPE | 2.69m |
| 06 | | | | | |
| | 16 | 8574 | Aters Jef | ACBR | 2.68m |
| 07 | | | | | |
| | 17 | 8105 | Berben Rhune | AVKA | 2.67m |
| 05 | | | | | |
| | 18 | 7843 | Devriendt Lars | LIER | 2.61m |
| 06 | | | | | |
| | 19 | 6542 | De Keyser Stijn | ACBR | 2.55m |
| 05 | | | | | |
| | 20 | 7849 | Leysen Lander | LIER | 2.53m |
| 05 | | | | | |
| | 21 | 7591 | Loos Jarne | AVKA | 2.53m |
| 06 | | | | | |
| | 22 | 8317 | Kortleven Milo | ACBR | 2.43m |
| 07 | | | | | |
| | 23 | 8640 | Luyts Nathan | SGOL | 2.39m |
| 06 | | | | | |
| | 24 | 7588 | De Hertogh Cis | AVKA | 2.25m |
| 06 | | | | | |
| | 25 | 9570 | Geurts Jean | LIER | 2.01m |
| 07 | | | | | |
| | 26 | 6627 | Morel Brikke | SGOL | 1.90m |
| 07 | | | | | |
| | | 9218 | Mannetstätter Bram | AVKA | NG |
| 06 | | | | | |
| | | 7716 | Vaerten Mats | AVKA | NG |
| 06 | | | | | |

hoogspringen
Reeks:1

Ben Dames Uur=18:27

| | | | | | |
|----|----|------|------------------------|------|-------|
| | 1 | 1622 | Van Tiggelen Charlotte | AVKA | 1.05m |
| 06 | | | | | |
| | 2 | 886 | Vander Avert Caro | KAPE | 1.05m |
| 05 | | | | | |
| | 3 | 257 | Dua Hanne | KAPE | 1.05m |
| 05 | | | | | |
| | 4 | 1447 | Blomme Ilara | KAPE | 0.95m |
| 06 | | | | | |
| | 5 | 773 | Lumbeeck Sanne | BVAC | 0.90m |
| 07 | | | | | |
| | 6 | 1117 | Schoonheydt Nuria | ACBR | 0.90m |
| 06 | | | | | |
| | 7 | 379 | Van Aelst Amber | KAPE | 0.90m |
| 05 | | | | | |
| | 8 | 1096 | Teck Ashley | AVKA | 0.85m |
| 06 | | | | | |
| | 9 | 1222 | Van De Perre Evelyn | ESAK | 0.85m |
| 05 | | | | | |
| | 10 | 630 | Mees Jinse | ACBR | 0.85m |

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|----|----|------|---------------------|------|-------|
| 05 | 11 | 1223 | Jacobs Lize | ESAK | 0.80m |
| 06 | 12 | 409 | Taelman Lola | BVAC | 0.80m |
| 05 | 13 | 9803 | TINDEMANS MILA | aCL | 0.80m |
| 00 | 14 | 1183 | Van Gysel Charlotte | ACBR | 0.80m |
| 05 | | 986 | Hofstede Ezri | BVAC | GP |
| 07 | | 41 | Schelkens Jade | AVZK | GP |
| 05 | | 9804 | BALA LIZE | bvac | GP |
| 00 | | 9800 | LEMMENS ROWEN | AVKA | GP |
| 00 | | 901 | Van Liefveringe Evi | BVAC | GP |
| 07 | | 970 | D'eer Nanou | AVKA | GP |
| 06 | | 1405 | De Keyser Sofie | ACBR | GP |
| 07 | | 1923 | Vaudo Nina** | ESAK | GP |
| 07 | | 2086 | Schillemans Laura | AVKA | GP |
| 06 | | 473 | Van Gysel Julie | ACBR | NG |
| 07 | | | | | |

kogelstoten 3,000kg Min Heren Uur=18:35
Reeks:1

| | | | | | |
|----|----|------|-------------------|------|-------|
| | 1 | 4686 | Massart Maxim | AVKA | 8.78m |
| 02 | 2 | 4427 | Vander Avert Jens | KAPE | 8.61m |
| 02 | 3 | 4507 | Mariën Yenthe | LIER | 8.34m |
| 01 | 4 | 4374 | Geyskens Kobe | LAT | 8.23m |
| 02 | 5 | 4958 | Tamba Gabriel | BVAC | 8.22m |
| 02 | 6 | 4199 | Baccarne Dennis | ACBR | 8.15m |
| 01 | 7 | 3836 | Maes Lukas | KAPE | 8.12m |
| 01 | 8 | 3928 | Verduyn Lennert | ABES | 7.71m |
| 02 | 9 | 4135 | Van Zele Bart | KAPE | 7.55m |
| 01 | 10 | 4910 | El Morabiti Elias | BVAC | 7.51m |
| 01 | 11 | 4665 | Kortleven Renzo | ACBR | 7.45m |
| 02 | 12 | 4133 | Mous Jonas | KAPE | 7.37m |
| 01 | 13 | 4700 | Geussens Robbe | ESAK | 7.33m |
| 02 | 14 | 4134 | Mous Thomas | KAPE | 7.14m |
| 01 | 15 | 4328 | Morreel Arne | LIER | 6.72m |
| 01 | 16 | 4506 | Geeraerts Jeroen | LIER | 6.45m |

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|----|----|------|------------------|------|-------|
| 02 | | | | | |
| | 17 | 4217 | Artois Sebastien | KAPE | 6.16m |
| 02 | | | | | |
| | 18 | 4985 | Buysen Soo | ESAK | 5.96m |
| 01 | | | | | |
| | 19 | 4512 | Wuyts Tom | LIER | 5.74m |
| 02 | | | | | |
| | 20 | 4942 | Vanhulle Gil | AVKA | 5.70m |
| 01 | | | | | |
| | 21 | 9802 | Lemmens Wander | AVKA | 5.21m |
| 00 | | | | | |
| | 22 | 3693 | Suykerbuyk Renzo | ACBR | 5.18m |
| 02 | | | | | |
| | 23 | 4699 | Peetoom Nelson** | ESAK | 3.92m |
| 01 | | | | | |

discuswerpen 0,750kg Min Dames Uur=18:44
Reeks:1

| | | | | | |
|----|----|------|----------------------|------|--------|
| | 1 | 6613 | Le Clerq Chiara | LYRA | 27.17m |
| 02 | | | | | |
| | 2 | 7394 | Vanthillo Cordulle | ESAK | 21.67m |
| 01 | | | | | |
| | 3 | 6717 | Bervoets Stien | LIER | 20.38m |
| 01 | | | | | |
| | 4 | 6221 | Vermeiren Anina | ACBR | 18.87m |
| 01 | | | | | |
| | 5 | 6936 | Vercruysse Luna | KAPE | 17.94m |
| 01 | | | | | |
| | 6 | 7224 | Ilegems Sarah | AVKA | 17.67m |
| 01 | | | | | |
| | 7 | 7014 | De Coninck Rune | LIER | 16.47m |
| 01 | | | | | |
| | 8 | 6897 | Bruwiere Sarah | AVKA | 15.72m |
| 02 | | | | | |
| | 9 | 7381 | Luyten Julie | LIER | 15.64m |
| 01 | | | | | |
| | 10 | 6898 | Callaert Jana | AVKA | 15.61m |
| 01 | | | | | |
| | 11 | 7313 | Berben Jana | KAPE | 15.54m |
| 01 | | | | | |
| | 12 | 6859 | Pelckmans Aline | LIER | 15.45m |
| 02 | | | | | |
| | 13 | 7784 | Kosama Eva | BVAC | 15.34m |
| 02 | | | | | |
| | 14 | 6553 | Vermeulen Heleen | KAPE | 14.44m |
| 01 | | | | | |
| | 15 | 7150 | Van De Cloudt Evelyn | ACBR | 14.19m |
| 01 | | | | | |
| | 16 | 6899 | Maris Tyana | AVKA | 14.19m |
| 02 | | | | | |
| | 17 | 7451 | Nijssen Tessa** | ESAK | 13.92m |
| 02 | | | | | |
| | 18 | 6719 | De Peuter Freya | LIER | 13.66m |
| 01 | | | | | |
| | 19 | 6953 | Verbert Anna | AVKA | 13.63m |
| 01 | | | | | |
| | 20 | 7713 | De Kock Myra | BVAC | 13.32m |
| 02 | | | | | |
| | 21 | 7013 | Vinck Yoni | LIER | 13.30m |
| 02 | | | | | |
| | 22 | 7225 | Van Den Bossche Evy | AVKA | 13.25m |
| 02 | | | | | |
| | 23 | 7080 | Sabau Evy | AVKA | 13.14m |

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|----|----|------|-----------------------|------|--------|
| 02 | 24 | 6860 | Stuer Lotte | LIER | 13.06m |
| 02 | 25 | 6433 | Dua Jenthe | KAPE | 12.89m |
| 01 | 26 | 6612 | Le Clerq Indy | LYRA | 11.97m |
| 02 | 27 | 7169 | Verdickt Anouk | AVKA | 11.80m |
| 01 | 28 | 6983 | Van De Vorst Nathalie | AVKA | 11.79m |
| 02 | 29 | 6748 | Van Langenhove Tine | ACBR | 10.26m |
| 01 | 30 | 6984 | Van Dyck Marie | AVKA | 9.60m |
| 01 | | 7518 | Defloor Eva | BVAC | NG |
| 02 | | 6935 | Beck Lynn | KAPE | NG |
| 01 | | 6681 | Gysen Sofie | KAPE | NG |
| 02 | | 6895 | Corluy Gwen | AVKA | NG |
| 02 | | | | | |