

7/8/19

Herentals

Scholieren heren

1500m 3. Rombouts Stef 4.40.90

Jun-sen-masters heren

1500m 8. Lemmens Rien 4.33.14

5000m r1 1. Michielsens Jeroen 17.42.24

2. Buyens Koen 17.44.940(v)

5. Wuyts Kristof 19.12.61

8. Janssens Jeroen 2018.93

Jun-sen-masters dames

1500m 8. Baetens Jana 5.41.55

9. Sijmans Liesbet 5.53.87